

The Trinity Weekly

April 27, 2023



TRINITY
CATHEDRAL
EPISCOPAL
CHURCH

A Sacred Place for All People

The Dean's Corner: The Dynamic Journey

“No one ever steps into the same river twice. For it’s not the same river and they are not the same person.”

When the ancient writer Heraclitus wrote this many centuries ago, he was probably not speaking of labyrinths. He was describing the human condition, that life is always changing and we are always changing as well, navigating the vicissitudes of life and hopefully growing as we draw ever closer to God. Though we may enter a river at a familiar spot, a favorite bend that’s good for swimming or rock hopping, the experience in that moment is something that has never actually happened before and will never happen again.

Those of you who have walked a labyrinth know a little something about this: no two labyrinths are quite the same even when they are the same pattern.



[Read the dean's entire message here](#)

This Sunday, May 7

Fifth Sunday of Easter

[Click here for this week's Scripture.](#)

8 a.m. Early Eucharist

The Very Rev. Bernard J. Owens, preaching and celebrating
Sunday begins with Early Eucharist in the chapel. This intimate service features basic music and follows the Book of Common Prayer in its order of worship.

9 a.m. *The Abundant Table Eucharist* **Youth Sunday**

The Very Rev. Bernard J. Owens, preaching
The Rev. Adrienne Koch, celebrating

Celebrate our youth and the volunteers who work with them! Young people will participate in the service and we'll also celebrate graduating seniors, acolytes, Sunday school teachers and youth group chaperones. Morgan Mecaskey is away this week, so award-winning songwriter Charlie Mosbrook (vocals, guitar), Esther Fitz (vocals), Mikel Mahoney (percussion) and Spencer Paul (base) will provide the music. Children can worship and/or play in the interactive soft space, located in the east transept. Children's chapel is offered after the Gospel until the passing of the peace. The service will be livestreamed on trinitycleveland.org/abundant-table-livestream.

10:10 a.m. Sunday School

Children from Pre-K through second grade meet in the classroom next to the nursery (on floor 1R) and third through 12th grades assemble in the Youth & Family Center on Trinity's third floor.

10:10 a.m. *God Calls Leaders Bible Study*

Join members and friends in conference room C/D for this interactive Bible study. Be inspired by the classes, which will be taught by a variety of Trinity facilitators. You don't have to be a leader at Trinity and you don't have to attend every class session. The remainder of the classes will take place on May 14 and 21.

10:10 a.m. *Second Breath Self-Compassion Class*

Self-compassion isn't a luxury – it's a necessity for living and loving well. And it ripples out for the benefit of you and those around you. Modern research has revealed that people who practice self-compassion experience: greater happiness, more motivation, more satisfying relationships, less anxiety and depression, and better physical health. Want to learn more? Join the Rev. Jo Nygard Owens in conference room A/B this Easter season to explore Jesus' invitation for us to love ourselves well that we might love others. You don't need to have attended previous sessions to participate.

Right to Reproductive Freedom Table

You can visit this table as you go to or from church and formation. Learn more about a proposed amendment to Article I of the Ohio Constitution that would add Section 22, titled "The Right to Reproductive Freedom with Protections for Health and Safety." Trinity members are active in this effort and providing information and an opportunity to sign the petitions. Voter registration forms will also be available, and you can check to see if your registration is current.

11:15 a.m. Choral Eucharist

The Very Rev. Bernard J. Owens, preaching and celebrating
Music will include works by Cecilia McDowall, R. Vaughan Williams and David Willcocks. Organ scholar and music librarian Carolyn Hoff will play the

prelude. Children can worship and/or play in the interactive soft space, located in the east transept. Children's chapel is offered after the Gospel until the passing of the peace. The service will be livestreamed on trinitycleveland.org/choral-eucharist-livestream.

5 p.m. Solemn Eucharist

The Rev. George Baum, preaching

The Rev. Dr. Eric Funston, celebrating

The Rev. Dan Hinde, deacon

Attend the last solemn Eucharist before summer break begins. Rev. Baum is the rector of St. Timothy Episcopal Church in Massillon, the Rev. Dr. Funston (retired) is former rector of St. Paul's Episcopal Church in Medina and Rev. Hinde is deacon for St. James Episcopal Church in Painesville. Music will be sung by the sopranos and altos of the Cathedral Choir and includes works by Benjamin Britten, Charles Wood and Felix Mendelssohn.

We Have a New Bishop, the Rt. Rev. Anne B. Jolly!



Saturday, April 29 was a banner day in the Diocese of Ohio and The Episcopal Church as Anne B. Jolly was ordained and consecrated as the bishop coadjutor of the diocese. Presiding Bishop Michael B. Curry was the chief consecrator and preacher, and held the attendees in the palm of his hand during his powerful homily. You can find a photo gallery at [the diocese's Facebook page](#).

**Urban Farm Could Use
Your Help**



After a rain-out on April 22 and Bishop Anne's consecration and ordination last Saturday, the urban farmers have a lot of work to do. Can you help? Join in on Saturday, May 6 to get ready for the farm's big planting days towards the end of the month. The farm is less than a mile from Trinity, at 3532 Cedar Ave. Volunteers gather from 9 a.m.–12 noon, but you don't need to stay the whole time, even a half hour is helpful. If you

have questions, please contact Scott Blanchard, sblanchard@trinitycleveland.org, 216.774.

The Rev. Adrienne Koch Appears in Episode of 'The Land for Life'

Destination Cleveland is a non-profit organization that works to bring conventions and tourists to Cleveland, Ohio. They are airing an online series called *The Land for Life*. In a recent installment, *The Land of New Perspectives*, the Rev. Adrienne Koch speaks with Brittany Benton, owner of Brittany's Record Shop, DJ and producer. [You can watch the episode here.](#)

World Labyrinth Day at Trinity

Gather this Saturday, May 6 between 12:45 p.m.– 2 p.m. to *Walk as One at 1* on World Labyrinth Day. The labyrinth will be set up in the gallery. Thousands of people around the world participate in World Labyrinth Day, creating a unified rolling wave of peaceful energy passing from one time zone to the next, around the globe. To register, visit bit.ly/LabyrinthDay.

If you've never walked a labyrinth before, it can quiet the mind, calm anxieties, recover balance in life, enhance creativity and encourage meditation, insight, self-reflection and stress reduction. To find other locations visit worldlabyrinthday.org. For more information, please contact Cynthia Ries, cynthiaries@gmail.com.

If you are unable to join in at Trinity in person, you can join the Rev. Lauren Artress, founder of Veriditas and the worldwide labyrinth movement online for a special handheld labyrinth finger walk on Zoom at 1 p.m. on Saturday, May 6, with live cello music by Rob Hodges. Register for free at Veriditas.org

Download and print out a copy of a labyrinth to use at <https://www.veriditas.org/resources/Documents/Handouts/Printable%20Chartres-Style%20Finger%20Labyrinth.pdf>



BrownBag Bachfest! Continues

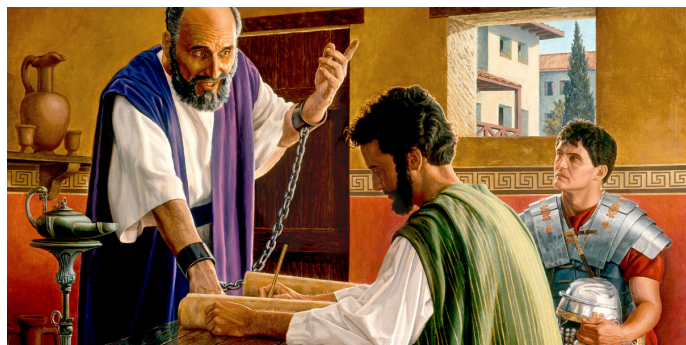
Music & Art at Trinity Cathedral continues to present its spring concert schedule, now focused on the music of J.S. Bach. Next Wednesday, May 10, at 12 noon, Miho Hashizume, member of the first violin section of the Cleveland Orchestra, will play Bach's A Minor Sonata and Todd Wilson, organ, will perform the C Major Trio Sonata. Admission is free and a free will offering is taken. This concert will also be featured on trinitycleveland.org/blog/brown-bag-concerts.

Choral Evensong

Join in the Anglican tradition that is Choral Evensong. This final Evensong service for spring 2023 will take place at 6 p.m. and commemorates Johann Arndt, German Lutheran theologian who wrote several influential books of devotional Christianity; and Jacob Boehme, a German philosopher, Christian mystic, and Lutheran Protestant theologian. The Rev. Adrienne Koch will preach and the Illuminare Chamber Choir from Youngstown will sing Moeran's service in D. The service will be livestreamed at trinitycleveland.org/evensong-livestream.

Wednesday Bible Study: The Puzzle of Paul

Do you find the Apostle Paul's contradictions puzzling? In the Bible, Paul seems comfortable with the practice of slavery (Colossians 3,



Ephesians 6, Titus 2). So why does he all but twist Philemon's arm to persuade the Christian slave owner to free his runaway Christian slave, Onesimus?

There is a way to make sense of what seem to be contradictions about slavery.

Join professor Bob Fowler and other facilitators next Wednesday night, May 10, from 7–8 p.m., to put the puzzle together. No special Bible study experience is necessary and you don't have to have attended previous sessions to participate. This class will follow Evensong in conference room A/B.



Upcoming LGBTQ+ Events

May 7 and May 14 – Order your 2023 Pride T-shirt, by signing up at the Pride table. Be sure to get this year's T-shirt with the new Trinity logo! Contact Matthew Jaroszewicz

at matthew.j.jaroszewicz@gmail.com with your T-shirt size. T-shirts are \$17, sizes S-3X.

May 21 – The Trinity Forum. Dean Owens interviews Gulnar Fereesta, senior director of programming for the LGBT Community Center of Greater Cleveland during the 10:10 a.m. formation hour.

June 3 – Pride in the CLE! – March with Trinity and nine other churches in the Diocese of Ohio during this year's Pride parade! Staging begins at 10 a.m. and the march begins at 11 a.m.

June 10 – Russ Tripi (St. Bartholomew, Mayfield Village) will be hosting a Pride-themed workshop on Saturday, June 10 from 10 – 11:30 a.m. His topic, "Gaga-4-GOD!", introduces the audience to concepts of "queer theology" by exploring the music of Madonna, Lady Gaga, and Lil Nas X. It's a popular lecture from Tripi's "Theologies of Sex, Gender, and Identity." The workshop is at the Mayfield Branch of the Cuyahoga County Public Library, 500 SOM Center Road, Mayfield, OH 44143, Room 100. Pre-registration is required at saintbartohio.org.

Guns to Gardens Anti-Violence Demonstration

Guns to Gardens is a national faith-based organization whose members feel called to reduce gun violence. Using a small blacksmith's forge, they collect unwanted guns and melt them down, converting the molten material into garden tools, art and jewelry. These tools can be used to grow food, like Trinity's urban farmers do, giving the food to neighborhood residents in need. Come see this cycle of renewed life in Cleveland's Central neighborhood, and help promote decreased gun violence and community sustainability.

The demonstration will be held at the urban farm, 3532 Cedar Ave., on Saturday, May 13 at 10 a.m. It will be conducted by the Rev. Rosalind Hughes, anti-gun violence advocate, author and rector of the Episcopal Church of the

The Trinity Forum: Gulnar Fereesta from the LGBTQ Community Center

On Sunday, May 21 at 10:10 a.m., Dean Owens welcomes Gulnar Fereesta, senior director of programming at the LGBTQ Community Center of Greater Cleveland. Shortly before Pride month in June, they will talk about the work and mission of the LGBTQ Center, give a preview of the annual Pride in the CLE event in early June, and talk about how many LGBTQ+ youth and adults experience housing insecurity.

The center is the heart of the region's LGBTQ+ community and is a one-stop hub that provides a safe space, programs and services, advocacy and social events, supporting programs, educational opportunities and health services that advance the overall wellbeing of LGBTQ+ people of all ages. Founded in 1975, it is one of the nation's oldest LGBTQ+ community centers.

Kimayo to Perform *My Queer Faith* at Trinity

Singer-songwriter Kimayo will bring her *My Queer Faith* tour to Trinity on Tuesday, May 23 at 6:30 p.m. This is one of only two Ohio dates on her tour. Kimayo's mission is to inspire hope, restoration, and unity between LGBTQIA+ folks and faith

communities. You can preview her music and watch her videos at kimayomusic.com. A reception will follow the concert in the piazza at approximately 7:30 p.m.



Marriage Blessing of the Rev. Adrienne Koch and Melanie Giovannone

The congregation of Trinity Cathedral is cordially invited to attend the

marriage blessing of the Rev. Adrienne Koch and Melanie Giovannone at the cathedral on May 20. Gatsby/Old Hollywood attire encouraged! [Please RSVP here.](#)

Ceremony: 2 p.m. – 3:00 p.m.

Standing reception for Trinity congregation members in the piazza to follow – 3:15 – 3:45 p.m.

Save the Dates

May 13 – Guns to Gardens – Anti-gun violence program @ Urban Farm (10 a.m.)

May 14 – Sunday Schmooze

May 20 – Koch-Giovannone Marriage Blessing (2 p.m.)

May 21 – Liturgy of Welcome, all three services

May 21 – Cleveland Marathon (route runs down E. 22nd adjacent to church)

May 23 – Singer-songwriter Kimayo performs *My Queer Faith* (6:30 p.m.)

May 28 – Summer Sunday service schedule begins – 8 a.m. and 10 a.m.

June 4 – Cathedral Tour (after 10 a.m. service)

In the Diocese



Station Hope

Did you know that beautiful St. John's Episcopal Church in Ohio City is Cleveland's first authenticated Underground Railroad site? The oldest consecrated building in Cuyahoga County, St. John's was a last stop for freedom seekers before crossing the waters of Lake Erie, and its steeple acted as a beacon of freedom. Today, *Station Hope* is a free jubilant community festival celebrating Cleveland's social justice heritage and exploring contemporary struggles for freedom and equity with over 250 artists of all ages, and 30 different short theatrical pieces, storytelling, music, dance, and visual art

installations on the grounds of St. John's, 2600 Church Avenue (Corner of West 26th and Church Avenue). The tenth-year celebration is Saturday, May 27, 7 p.m. – 10 p.m. The Diocese of Ohio is a leadership partner of this free event, open to all. For more information and to see video from previous years, visit: cptonline.org/station-hope or pick up information in the piazza.

A Message from the Bishop and the Rev. Rosalind Hughes Regarding Gun Violence

Gun violence is nonpartisan and nondiscriminatory. Its victims and perpetrators, alike, are young and old; black, brown, and white; inclusive of all gender identities and sexual orientation; not specific to one political party or philosophy. Gun violence shows no partiality. It occurs in schools, workplaces, churches, public venues, and private homes. It is both self-inflicted and inflicted on others. Its only common denominator is that it involves firearms in the hands of people who should not have access to them.

[Read the entire message here](#)

Celebration of Bishops and Staff

The Transition Committee invites you to save the date for a diocesan-wide celebration of Bishop Mark, our assisting bishops, and the bishop's staff, on Saturday, June 17 from 2 – 6 p.m. at Hathaway Brown School in Shaker Heights. Invitations and more information coming soon. Please contact the transitioncommittee@dohio.org with questions.

The deadline to submit program updates or events for *Trinity Weekly*, is the Tuesday before each Thursday publication date. Please send news to sblanchard@trinitycleveland.org

Deadline for items to be included in the June 2023 *Cathedral Connections* newsletter is Friday, May 19. Please contact Scott Blanchard at sblanchard@trinitycleveland.org to receive a printed copy at home.

The mission of Trinity Cathedral is to proclaim in word and action God's justice, love and mercy for all creation.



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