

THE TRINITY WEEKLY

April 18, 2024

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TRINITY
CATHEDRAL
EPISCOPAL
CHURCH

A Sacred Place for All People



THE DEAN'S CORNER

Among the Trees

Overwhelmed by work in front of computer screens, many people in Japan in the 1980's headed out to the wilderness. They found comfort and energy simply by walking in nature, and came up with the term shinrin-yoku ("forest bathing") to describe the practice. After spending some time in nature, they felt refreshed, re-energized, and even cleansed.

Yet, it wasn't just a quick endorphin boost. Researchers found that making a habit of taking a "forest bath" – even as little as once every few weeks – often resulted in lower stress and better health outcomes...

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NEWS & ANNOUNCEMENTS



Order A T-Shirt for Pride!

Pride in the CLE is quickly approaching. **Get your Trinity Pride shirts today!** You have your choice of 3 colors (red, purple, and blue) and 7 sizes (S-4X). Proceeds from these shirts will support Trinity's presence at Pride and LGBTQ+ outreach. **Place your order by May 3** to have your shirt by Pride. Shirts will be available for pick-up on Sunday, May 26.

[ORDER NOW](#)

Join us at Pride in the CLE
Saturday June 1

Last June, a group of 13 Episcopal churches from the Diocese of Ohio joined Bishop Anne Jolly and Trinity Cathedral for the Pride in the CLE march in downtown Cleveland. Planning has already begun for **Pride in the CLE on June 1, 2024**. Bishop Jolly has the date on her calendar - interested folks are invited to join friends from around the Diocese at this year's march.

We're planning to have a booth at the Pride Festival this year and will ask for volunteers to help staff the booth for one-hour shifts. More details are coming; any questions, contact Dan McGuire dmcguirenyc@gmail.com or Dorothy Miller dcamiller968@gmail.com. See you there!



GCC Community Action Tuesday May 7 | 7:00 p.m.

Join Greater Cleveland Congregations for a forum on how we can adopt proven practices that will provide justice for all.

[READ FLYER](#) | [REGISTER](#)



Habitat for Humanity Neighborhood Spruce-Up

Habitat for Humanity will be hosting a Neighborhood Spruce-Up Day on **Saturday, June 8th**. This is where we offer minor exterior repairs, debris removal, and landscaping services to homeowners in the neighborhoods we are working in.

Did You Miss Gratitude Sunday?

Worship volunteers and outreach volunteers who were not present on their Gratitude Sundays (January 28 and April 14, respectively) can still get their ribbons of appreciation. See Ginger Bitikofer or Eric Travis on a Sunday morning or [send Ginger a message](#) to have your ribbon(s) mailed to you. It is wonderful to see so many colorful ribbons, which represent so many wonderful volunteers in our community-- thank you!

The Big Spring Clean

Saturday, May 4 | 9:00 a.m. - 1:00 p.m.

Help keep our cathedral and commons beautiful! With such a grand structure comes plenty of square footage, surface area, and nooks and crannies that need attention. On Saturday, May 4, we will come together to give our facilities a spruce-up both inside and outside. The day may include such tasks as: trash pickup, planting, pulling weeds, removing dust and debris, etc.

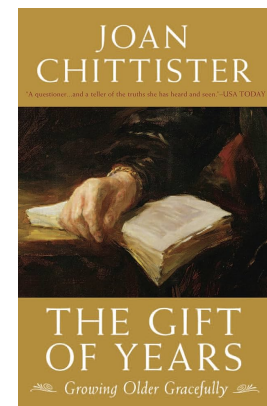
If you're able and willing to help or would like more information, [please contact Becky Fuller](#).

New Book Group

Growing Older Gracefully

Sister Joan Chittister, Catholic nun and co-chair of the Global Peace Initiative of Women, invites us to embrace older age as a natural part of life that is both active and contemplative, productive and reflective, and deeply rewarding. Join Trinity members seeking to live into her invitation to grow older gracefully, by being a part of a small group reading her book, "The Gift of Years."

Please email jantkelemen@gmail.com with interest and [Adrienne Koch](#) with questions.



Calling all 2024 Graduates!

If you or your student is graduating school this year. Be it High School, College, Trade School, or Grad School, we want to recognize and celebrate them on Sunday, May 19th. Please send their name and contact information to Eric Travis, our Director of Children and Youth Ministries at etravis@trinitycleveland.org so he can be in touch with them.

THIS WEEKEND



Organ Recital

Friday April 19 | 6:00 p.m.

Organ Scholar JoEllen West, a student at CIM, will perform her junior recital in the nave at Trinity Cathedral on Friday, April 19, at 6PM. JoEllen will perform works by Bach, Mendelssohn, Howells, Hancock, and more!



Religious Emblems Retreat

Saturday April 20 | 9:00 a.m. - 3:00 p.m.

A retreat for those young people in various Scouting and Youth serving organizations who wish to earn their God & Family Religious Emblem. This includes Boy Scouts, Girl Scouts, American Heritage Girls, 4H, & Sunday School participants.

CONTACT: Eric Travis

THIS SUNDAY

April 21, 2024

Fourth Sunday of Easter



Early Eucharist

8 a.m. | The Chapel

Preaching:

The Rev. Adrienne Koch



The Abundant Table

9 a.m. | The Nave

Preaching:

The Rev. Adrienne Koch



Choral Eucharist

11:15 a.m. | The Nave

Preaching:

The Rev. Adrienne Koch

LIVESTREAM

LIVESTREAM



Earth Day Trinity Forum

10:10 a.m. | Cathedral Hall

Samira Malone recently became the National Urban Forestry Portfolios Lead at the Center for Regenerative Solutions after serving as the Executive Director of the Cleveland Tree Coalition. She'll join Dean Owens for an Earth Day forum on environmental and racial justice, from the Central neighborhood to cities throughout America.

NEXT WEEK

April 22-27, 2024



Brownbag Concert

The Choirs of Hathaway Brown School
Wednesday April 24 | 12:00 p.m.

Laura Webster leads the singers in a program of gorgeous choral music.



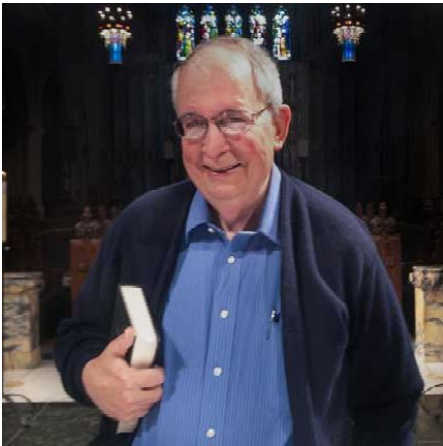
Evensong

Toyohiko Kagawa, Social Reformer
Wednesday April 24 | 6:00 p.m.

Preaching: The Very Rev. Bernard J. Owens

Officiating: The Very Rev. Bernard J. Owens

Ensemble: The Abundant Table Musicians



The Dynamic Word (Part 1)

The Continuing Work of Translating the Bible

7:00 p.m. | April 24 | Dr. Bob Fowler

From its very beginnings, the Anglican relationship with scripture has been influenced by the hopes and tensions of translating the Bible into English. Our understanding of the words in those ancient texts is constantly evolving, as is our own English language. We now have a new "translation" (it's actually a revision) called the "NRSV Updated Edition." What potential for renewed faith might this edition hold for us all?

(Part 2: May 1)



Healing Eucharist

Thursday April 25 | 12:10 p.m.

This intimate mid-week service offers a brief respite from the pressures and frenetic pace of the world around us. Optional healing prayer is available.

NEXT SUNDAY

April 28, 2024

Fifth Sunday of Easter



Liturgy of Welcome

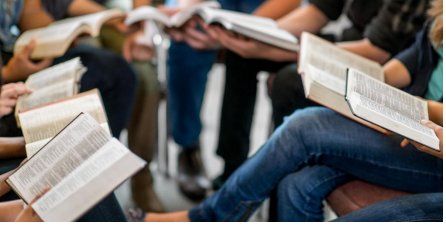
April 28

Trinity will offer a liturgy of welcome on Sunday, April 28 at all three services for those who have become members in the last year or are in the process of becoming members.

It's helpful, but not necessary, to let [Ginger Bitikofer](#) know in advance that you'd like to take part or if you'd simply like to know more about becoming a member.

Discovering the New Testament

The Church - Led By: NancyAnne Sinclair



10:10 a.m. | Conf. Rm. C/D

Through a process of reading, reflection, discussion and creative expression, both the first-time learner and the lifelong student are invited to an engaging, rewarding encounter with Scripture that will greatly deepen their knowledge and understanding of the Bible.

UPCOMING DATES

May 5: The New Life - Led by Charlotte Nichols

May 12: The Hope - Led by the Rev. Adrienne Koch

[CONTACT: Adrienne Koch](#)



Newcomers' Brunch

Sunday April 28 | 12:45 p.m. | Conf. Rm. C/D

Newcomers and new members are invited to attend a casual brunch with staff, clergy and congregational leaders after the 11:15 service on Sunday, April 28. Come and get to know us!

[REGISTER](#)

BEYOND



Brownbag Concert

A Lover's Triangle

Wednesday May 1 | 12:00 p.m.

Cellist John Walz of the Los Angeles Opera Orchestra joins renowned area musicians, Elizabeth DeMio (piano), Andrew Sords (violin) and Eric Wong (viola), for works of Schumann and Brahms.



Choral Evensong

Phillip and James, Apostles

Wednesday May 1 | 6:00 p.m.

Preaching: The Rev. Adrienne Koch
Officiating: The Rev. Adrienne Koch
Ensemble: Trinity Cathedral Choir
Service: Francis Jackson, Service in G



The Dynamic Word (Part 2)

The Continuing Work of Translating the Bible

7:00 p.m. | May 1 | Dr. Bob Fowler

From its very beginnings, the Anglican relationship with scripture has been influenced by the hopes and tensions of translating the Bible into English. Our understanding of the words in those ancient texts is constantly evolving, as is our own English language. We now have a new "translation" (it's actually a revision) called the "NRSV Updated Edition." What potential for renewed faith might this edition hold for us all?



Brownbag Concert

Dvorak in America

Wednesday May 8 | 12:00 p.m.

John Walz, the principal cellist of the Los Angeles Opera Orchestra, will be joined by Elizabeth DeMio on piano and Andrew Sords on violin for this program of Dvorak.



Ascension Day Service

Thursday May 9 | 6:00 p.m.

The Solemnity of the Ascension of Jesus Christ, also called Ascension Day, Ascension Thursday, or sometimes Holy Thursday, commemorates the bodily Ascension of Jesus into heaven. It is a major feast day in The Episcopal Church.

FULL CALENDAR

IN THE DIOCESE

General Convention

Online registration is open for visitors to the **81st General Convention** of The Episcopal Church, scheduled for June 23-28 in Louisville, Kentucky. An onsite registration area will also open June 21. Visitor registration fees for the entire convention are \$150 in advance, or \$180 at the site. The cost for day visitors is \$50 per day. Youth ages 12 to 18 will pay \$50 for the whole convention. Access to the exhibit area only is \$20 per day.

Visitor registration fees allow access to all areas of General Convention, including visitor galleries in the House of Bishops and House of Deputies, legislative committee rooms and hearings, the exhibit area, and worship services.

All registrants will be required to show a photo ID and sign a **liability waiver and photo release agreement** when they pick up their badge at the registration area.

REGISTER

Nominees for the 28th Presiding Bishop

The Episcopal Church's Joint Nominating Committee for the Election of the Presiding Bishop April 2 announced the names of the bishops it will nominate to succeed Presiding Bishop Michael Curry. Click [HERE](#) to read the press release. Click the links below for more information on each candidate.



THE RT. REV. J. SCOTT BARKER
Diocese of Nebraska, Province VI

[BIOGRAPHY](#) | [VIDEO](#)



THE RT. REV. SEAN ROWE
Diocese of Northwestern Pennsylvania, Province III
Diocese of Western New York, Province II

[BIOGRAPHY](#) | [VIDEO](#)



**THE RT. REV. DANIEL
G. P. GUTIÉRREZ**
Diocese of Pennsylvania, Province
III

[BIOGRAPHY](#) | [VIDEO](#)



**THE RT. REV. ROBERT
WRIGHT**
Diocese of Atlanta, Province IV

[BIOGRAPHY](#) | [VIDEO](#)



**THE RT. REV. DEDE
DUNCAN-PROBE**
Diocese of Central New York,
Province II

[BIOGRAPHY](#) | [VIDEO](#)

- Please submit news & program updates to news@trinitycleveland.org
 - Submission for *The Trinity Weekly* must be submitted by the Monday before the publication date (every Thursday at 5pm)



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