

CATHEDRAL

EPISCOPAL CHURCH

A Sacred Place for All People



Cathedral Connections

The Healing Power of Love



Nearly three decades ago, the Rev. Becca Stevens opened a home for five women survivors of trafficking, prostitution, and addiction. In

making this committment, she quickly recognized that financial self-sufficiency was instrumental to their recovery, yet they could not find work because of their history. In search of a solution, she and a number of volunteers began making candles in a church basement. From that basement initiative, Thistle Farms social enterprises were born.

Since then, hundreds of women have participated in and graduated from Thistle Farms, a multi-year recovery program that includes housing, healthcare, and supportive therapy to help heal their trauma. At Thistle Farms, women are not asked, "What did you do?;" they are instead asked, "What happened to you?"

And what is the most significant element in recovery, in the healing that must take place for those women to see in themselves the image of God? What is the same element in each of our lives that allows us to heal, to forgive, and to seek a world where no human being is trafficked, used, or made to feel shame?

That element, Stevens says time and time again, is love. "Love Heals" can be found emblazoned on many of Thistle Farms' body and home care products, from candles to oils to lip balm. Stevens believes "love is the most powerful force for change in the world... because love has the power to heal."

Stevens started Thistle Farms in Nashville, but we know that this radical healing love is needed everywhere.

I am reminded of this every time I drive home on Carnegie Avenue, when I drive past Glen Infante's "Love Can Fix It" mural, where two hands come together to form a heart. And I think of it whenever I consider of any of the painful, thorny, seemingly impossible problems we face in this world. My faith reminds me that love has the power to move mountains.

Many of us know well the pain of addiction, either as the ones struggling or caring for someone who does. And many at Trinity work passionately to end the scourge of human trafficking.

Yet we can look with new eyes at the complex issues we seek to overcome by asking the question, "How might love heal this?"



PREACHING SCHEDULE

OCTOBER 1

The Rev. Adrienne Koch

OCTOBER 8

The Very Rev. Bernard J. Owens

OCTOBER 15

The Rev. Becca Stevens

OCTOBER 22

The Very Rev. Bernard J. Owens

OCTOBER 29

The Very Rev. Bernard J. Owens

The Rev. Becca Stevens (pictured above) will help us consider the power of love during several worship and forum events on October 11 and 15.

I hope you will join us during this exploration into what it means to be a source of healing and hope in our community.

BQ*

The Very Rev. Bernard J. Owens

CONGREGATIONAL LIFE







STEWARDSHIP SEASON BEGAN WITH A JOYFUL "BEST OF THE WURST" COOKOUT, SATURDAY, SEPT 23

Our stewardship campaign "Joyful Giving, God's Abundance" began on Sunday, September 24 and will continue until our ingathering of pledges on Sunday, October 29.

Throughout the month of the campaign, we'll hear Ministry Moments from several Trinity members about their experiences of joy and abundance.

We'll celebrate our community's generosity with a Harvest Dinner and Hymn Sing on Saturday, October 28.

We hope you will join us in saying "yes" to God's abundance, through generous giving that helps us share our abundance with our community and the world.

Make your 2024 pledgeonline at trinitycleveland.org/pledge or give a gift at the "Give" tab on our website.

You can also place your pledge in the weekly offering basket or use PayPal or Venmo to support our community. Links to both of these options are available at trinitycleveland.org/give

GET AQUAINTED BRUNCH:

For newcomers and new members, Sunday, Oct. 29 at 12:45 p.m.

BAPTISM DATES: Sunday Nov. 5 and Jan. 7, 2024

CONTACT GINGER

gbitikofer@trinitycleveland.org 216-774-0407

Sharing Stories & Invitations

by Ginger Bitikofer, Associate for Congregational Life & Membership

This summer, the Invite Welcome Connect mission team of Trinity Cathedral offered yard signs to congregation members who wanted to proclaim "God Loves You. No Exceptions" to their neighbors. Over 50 people requested these signs, and many of those have proudly shared photos of their yard signs (and themselves) for us to share on social media and in our newsletter. What else can we do to share the good news of Jesus and Trinity's welcoming community?



Tell a friend about something at Trinity that brought you joy, hope or comfort. You never know when someone needs to hear it. If a neighbor asks about your yard sign or where you go on Sunday, take the opportunity to tell them why you come to Trinity. Then listen and be curious about their story.

Invite a friend to Trinity. An easy way to do this is to invite them to a special event, maybe a concert, a speaker, a social activity or a Cathedral tour. Do you know someone who might enjoy getting to know us through the LGBTQ+ brunch, our Blessing of the Animals on October 8 or the Messiah Sing in December? Many people are looking for a beautiful Christmas or Easter service, all they need is an invitation.

Share our website and YouTube channel (Trinity Cleveland) with friends-- these sites are how many of our visitors and newcomers find us. If you enjoyed a sermon or forum and want to share it with a friend, you'll find it there. Who do you know that might enjoy it too?

Trinity Cathedral is growing. Be a part of that growth by helping a friend find a sacred and welcoming place here.

STEWARDSHIP & VESTRY M

Welcome Cheryl Williams

Cheryl Williams, Trinity's new Director of Development and Community Programming, describes returning to Trinity Cathedral after nearly 15 years of work in the nonprofit sector as a "Holy Spirit moment." She came across the job posting at a time when she was contemplating the next phase of her career. Was it time to start winding down her professional commitments after many successful and happy years in nonprofit and church development, strategic planning, corporate partnerships, and foundation relations?

"Every few days, it kept coming back to me," she said, describing a knowing rooted in faith, telling her to explore the job opportunity further. This spiritual nudge led to several conversations with Dean Owens and the discernment

committee. Cheryl became confident she was being called "to begin to imagine what God might be calling Trinity to become, not only as a congregation but also as a community gathering place."

"What might the Holy Spirit be holding up as opportunities for the Church, not just to expand our resources but to redefine and celebrate the resources that we have for what they are?" Williams, who has led strategic development initiatives for The United Church of Christ, The Episcopal Diocese of

Ohio, and Akron Children's Hospital, talks excitedly about the resources we should celebrate in our people, partnerships, networks, and talents, in addition to the financial aspects of her role.

"This work is particularly special to me. Trinity and Trinity Commons have always been a spiritual home for me, so it's a bit of a homecoming and the perfect place to leverage everything I've learned to build a beloved community. Stewardship is a spiritual practice. It affirms that everything we are and everything we have belongs to God. It only makes sense then," she said, alluding to her own time and talents, "to offer our gifts here first."

To connect with Cheryl directly and welcome her in her new role, email cwilliams@trinitycleveland.org



UPDATES FROM THE VESTRY

SEPT. 19, 2023 MEETING

OUTREACH

The Cathedral has sent out "Welcome Wagon" postcards to all new residents in nearby Cleveland neighborhoods inviting them to join us for worship services.

JOB OPENINGS AT TRINITY

Please consider referring interested individuals to the open positions at Trinity, including Facilities Manager. More information is available at trinitycleveland.org/job-postings

DIOCESAN CONVENTION DELEGATES NEEDED

The 207th Annual Convention of the Episcopal Diocese of Ohio will be held in Wooster on November

10-11th. If you would like to become one of three delegates or one of three alternate delegates, please let one of the clergy know. Cost is \$38 to participate in the Convention on Saturday, and on the evening before there is an optional banquet (\$25) after the worship service.

This convening is the legislative body that approves the diocesan program and budget, elects persons to various groups that serve the diocese, adopts resolutions on various issues, and approves changes in the Constitution and Canons of the diocese.

JOYFUL GIVING, GOD'S ABUNDANCE

It's Stewardship season. This is your chance to pledge your support to the church for the year. Packets can be turned in during the Offertory over the coming weeks or pledge online at trinitycleveland.org/give. On October 28th there will be a hymn sing and supper to celebrate the end of the campaign!

BY-LAW CHANGES

The Vestry has voted to put a revision of the by-laws to vote before the congregation at the next Annual Meeting: if passed it will no longer be required that the parish Treasurer be a vestry member.

In the event that there is no person on the vestry who is willing and able to serve in this capacity, this provision will enable another member of the congregation to serve in this role.

THE CAPITAL PLANT

Four stained glass windows are in the shop for repair and restoration by the end of the year. Many windows need work - expect more on how that is to be accomplished in the near future.

A new and improved sound system is in use! Masonry work on Mather Hall is complete and façade and detail masonry work on the Cathedral is scheduled for this year.

MM ADULT FAITH FORMATION







WEDNESDAY EVENING PROGRAMMING

Each week, following Evensong services, we will host a light meal and adult educational offering at 7:00 p.m.

Oct. 4 - Enneagram: What's "a type"? Why knowing my type matters led by the Rev. Adrienne Koch

Oct. 11 - A Conversation on Trauma and the Restorative Power of Love with the Rev. Becca Stevens, founder of Thistle Farms social enterprises.

Oct. 18 - Labyrinth: Teaching & Walk with Cynthia Ries

Oct. 25 - Stained Glass Windows: Explore the story in Trinity's windows, Part 1, Led by Michael Wells

Nov. 1 - Enneagram: Recognizing resource points and movement as a sign of growth with the Rev. Adrienne Koch

Nov. 8 - Spirituality and the Environment Explore the intersections of religion and culture with distinguished author and CWRU professor Dr. Timothy Beale, Ph.D.

Nov. 15 - Enneagram: Sharing Triads and the art of learning from each other with the Rev. Adrienne Koch

Nov. 29 - Soul Collage: Create a deck of cards that help you to access your own connection to Wisdom and Spirit, led by Cynthia Ries.

Dec. 6 - Stained Glass: Explore the story in Trinity's windows, Part 2, led by Michael Wells

Dec. 13 - Enneagram: A tool for spiritual practice, led by the Rev. Adrienne Koch

SACRED SPACE

SUPPORTIVE ONLINE COMMUNITY

There's a pleasure in being reminded of the value of ordinary life.

- Karen Thompson Walker

Sacred Space is a caring and supportive monthly group whose members went virtual during the pandemic and stayed online These gatherings take place the second Tuesday of each month. Together, they explore a variety of spiritual practices and themes.

Tuesday, October 10 (5:45 p.m.) the group will discuss reflections on the pleasures of ordinary life.

What ordinary, everyday activities give you joy? How often do you remember to appreciate and savor them?

Contact Charlotte Nichols at cdn216@gmail.com for more information and the Zoom link.

10 Reasons Parents, Grandparents, & Caregivers Should Bring Children & Youth to Trinity

by Eric Travis, Director, Children's and Youth Ministries

Parents and grandparents play a crucial role in shaping the spiritual development of children and youth. Here are several reasons why parents, grandparents and caregivers should consider bringing the young people in their lives to Trinity.

1. Spiritual Discovery

Church provides kids and teens with a structured and nurturing environment where they can grow spiritually. It introduces them to faith, moral values, and the teachings of Jesus Christ.

2. Family Bonding

Attending church together fosters a sense of togetherness and unity. Families can share experiences and talk about faith and life, strengthening their bonds.

3. Character Development Children and youth learn about

Children and youth learn about ethics, compassion, and empathy in church. It reinforces important values that parents and grandparents can also emphasize at home.

4. Support Network

A church community can be a great support system for families. It's nice to connect with people who share similar values and experiences.



5. Teaching Through Example

Children and youth can benefit from seeing their parents and grandparents actively engaged in church life. It sets an example for them to follow and demonstrates the importance of faith and community involvement.

6. Educational Opportunities

Church programs often include educational components where young individuals can learn about the Bible, theology, and the history of the faith. Caregivers can engage in these learning experiences alongside their children.

7. Life Skills

Involvement in church activities can help children and youth develop valuable life skills such as leadership, teamwork, public speaking, and organization.

8. A Sense of Purpose

Church involvement gives children and youth a sense of purpose and

a feeling that they are part of a larger community working towards common goals.

9. Healthy Social Interaction

Church offers a safe and supervised environment for children and youth to interact with peers. It can contribute to their social development and help them form positive friendships.

10. Opportunities for Service

Church often involves opportunities for community service and outreach. Parents and grandparents can involve their children and youth in these activities, teaching them the importance of giving back to the community.

Bringing children and youth to church is a multi-faceted approach to their holistic development, encompassing spiritual, moral, social, and educational aspects.

It's an opportunity for generations to come together, learn, grow, and share in their faith journey.

I hope you will consider bringing your children and grandchildren to Trinity. Please contact me at etravis@trinitycleveland.org with questions or ideas about how we can best serve our youth.



Blessing of the Animals, October 8

Our annual Blessing of the Animals service will be held at 9:00 am on Sunday, October 8 in the Cathedral Garden. Bring your furry, finned or feathered pets, or a favorite stuffed friend. The service will be followed by treats for both pets and people outside and in Cathedral Hall at 10:10 am, during our monthly Sunday Schmooze.

BROWNBAG CONCERT SERIES

All concerts begin at noon and will be livestreamed via Facebook at tinyurl.com/Trinityconcerts

FALL 2023

October 4 Todd Wilson and Friends

Music for organ with cello, English horn, and percussion

October 18

Nathan Carterette, piano

Acclaimed performer Nathan Carterette will play music of Scriabin and Rachmaninoff.

November 1

James Kibbie, organist

The distinguished Professor Emeritus at University of Michigan plays an exciting program using Trinity's two pipe organs.

November 15 Somerset Trio

Colorful chamber music for the unique combination of English horn, French horn, and piano



November 29 A Ceremony of Carols

Treble voices of the Cathedral Choir and harpist Jody Guinn join in Benjamin Britten's seasonal masterpiece.

December 6 Holiday Organ Favorites

Todd Wilson and students of the CIM Organ Studio play festive seasonal music.

December 13 Messiah Sing

Sponsored by Jack and Anne Palomaki
Join us to sing Handel's beloved oratorio!

SPRING 2024

February 7 Liebeslieder Waltzes

Get ready for Valentine's Day with Brahms' Liebeslieder Waltzes.

February 21

Shaker Heights High School Chamber Orchestra One of northeast Ohio's most talented young string ensembles

March 6

Schubert's Trout Ouintet

Enjoy Schubert's popular Trout Quintet and some of his beautiful lieder.

March 20

Shaker Heights High School Choir
These young singers will regale us with a varied program.

April 3

Abigail Hakel and Adrian Murillo Folk songs through the centuries

Spring Chamber Festival

Our season closes with a varied series of vocal and instrumental chamber programs.



April 17

Jacqueline Josten and Kira McGirr Duets from Monteverdi to Mozart

April 24

The Choirs of Hathaway-Brown School Laura Webster leads the singers in a program of gorgeous choral music.

May 1

Clara Schumann Piano Trio and Brahms Piano Quartet

Cellist John Walz of the Los Angeles Opera Orchestra joins renowned area musicians for works of Schumann and Brahms

May 8

Dvorak Sonatina and Franck Sonata Featuring John Walz, cello, and Elizabeth DeMio, piano

May 15 Amethyst String Quartet Music of the British Isles

Musicians and programs subject to change.

Monica Czausz Berney to Perform at Trinity Cathedral

Monday, November 6, 7:30 p.m.

Music and Art at Trinity will present a free-of-charge fall concert to celebrate the 46th anniversary of the Flentrop Great Organ and the 2nd anniversary of the Muller Organ in the chancel at Trinity Cathedral, featuring leading young American organist Monica Czausz Berney.

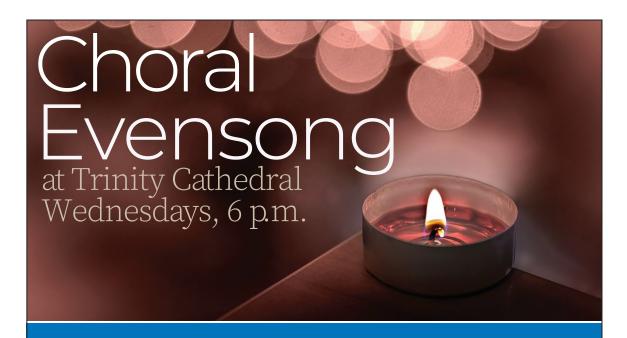
Ms. Berney is widely celebrated as one of the foremost young female concert organists in the country. She has won numerous first prizes in competitions and currently serves as director of music at St. Paul's Parish, K Street, in Washington, DC. Berney will also be leading a masterclass with students in the organ studio at the Cleveland Institute of Music during her time in Cleveland.

This recital allows us to highlight and celebrate our great good fortune in having two wonderful pipe organs available to us, allowing us to present concert-goers with two totally different tonal and stylistic worlds that they can experience in the same space. Berney is celebrated as one of the foremost young female concert organists active today.

Music and Art at Trinity takes pride in our history of offering a stage to young or early-career performers,



especially when it can be a learning opportunity for other young musicians. In addition to observing the public recital, students from the CIM organ studio will take part in a masterclass with Ms. Berney, which will be a wonderful opportunity for musical and professional development.



Since the first Book of Common Prayer in 1549, Choral Evensong has been an evening offering sung in cathedrals and churches of the Anglican Communion.

October

- 4 Francis of Assisi The Very Rev. Bernard J. Owens Trinity Cathedral Choir Service: Friedell in F
- 11 Philip, Deacon & Evangelist 25 Tabitha of Joppa The Rev. Becca Stevens **Trinity Chamber Singers** Service: Tallis fauxbourdons
- 18 St. Luke the Evangelist The Rev. Charlotte Collins Reed Choristers of Christ Church, Hudson Service: Sarah McDonald in A-flat
 - The Rev. Peter Faass Trinity Cathedral Choir Service: Howells "Westminster"

Other evening services at Trinity Cathedral include:

Sunday, Oct. 1, 5 p.m. Solemn Eucharist

Sunday, Nov. 5, 5 p.m. Solemn Eucharist

Monday, Nov. 6, 7:30 p.m. Organ Recital Monica Czausz-Berney (Washington, D.C.)

Sunday, Dec. 3, 4p.m. Lessons and Carols for Advent

November

1 All Saints' Day The Rev. Keith Owen **Trinity Chamber Singers** Service: Dyson in F

8 Ammonius, Hermit The Rev. Jeanne Leinbach Choristers of St. Paul's, Cleveland Heights Jessica French Evening Service

15 Herman of Alaska

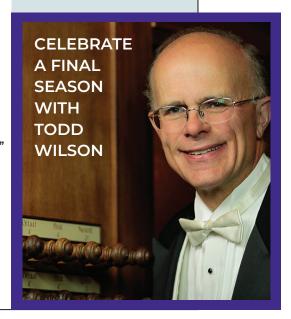
The Rev. Adrienne Koch Trinity Cathedral Choir **Gibbons Short Service**

29 St. Andrew the Apostle The Very Rev. Bernard J. Owens Trinity Chamber Singers Grayston Ives "Edington Service"

December

6 Nicholas, Bishop of Myra The Rev. Peter Faass Trinity Cathedral Choir Eckelmeyer: Trinity "Hodie" Service

13 Lucy of Syracuse, Martyr The Rev. Rosalind Hughes Trinity Chamber Singers Service: Stanford in G



Ways to Give

In Person

In the offering basket at all worship services

Mail

Your gift to: 2230 Euclid Ave., Cleveland, OH 44115

Online

trinitycleveland.org/give PayPal and Venmo options available



Cathedral Connections

Prayer Requests: Doreen Hughes, 216.774.0415, dhughes@trinitycleveland.org

Donations: <u>trinitycleveland.org/give</u>

Space Rentals: trinitycleveland.org/facilities-use-requests

Cathedral Connections: Submit your news items by sending to news@trinitycleveland.org

YouTube: youtube.com/trinitycleveland Facebook: @trinitycleve Web: trinitycleveland.org Email: trinity@trinitycleveland.org 0282.[77.3630 The Very Rev. Bernard J. Owens, Dean

CONTACT US

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