

## MidTown FreshStop Order Form

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_

Do you qualify for Ohio Direction or  
WIC?

Yes  No

### What type of Share?

Family Share \$24 (\$12 OD/WIC)  
 Single Share \$12 (\$6 OD/WIC)  
 Senior Share \$5

### Which weeks are you pre- ordering? (two minimum)

6/15  6/22  6/29  7/6  
\_\_\_\_\_ other

Paying with Ohio Direction? – bring  
your card when you pick up your share

\$\_\_\_\_\_ Enclosed Make Checks to “City Fresh”  
Unclaimed shares will be forfeited and  
donated to A Place at the Table  
X \_\_\_\_\_ date \_\_\_\_\_

For MidTown Office:

RtSH?  Pd?  Entered?  
 W/L?  Contacted?

## *FreshStop is easy as 1,2,3*

### 1. Pre-order your share

*To sign-up you must pre-order and  
pre-pay for two weeks in advance.*  
This ensures we have shareholders  
show-up for the shares we order and  
helps get the season started off right!  
You can go week-to-week after you  
are an established shareholder.  
(Ohio Direction users pay with your  
card when picking up your shares.)

### 2. Pick-up your share

Bring a reusable bag and pick-up your  
share anytime between 4:30 and 6:30  
on Tuesdays at Trinity Commons.  
Chat with our friendly volunteers  
about the produce you are receiving  
for recipes and healthy cooking ideas.  
And don't forget to sign-up for the  
following week. Unclaimed shares  
will be donated to the hungry!

### 3. Eat your share!

This is the best part! Nothing tastes  
better than fresh produce – all of our  
produce was picked within 24hrs! It's  
an adventure with something new  
every week!

## MidTown FreshStop

### 2010 Season

Tuesdays 4:30-6:30

June 15 - October

Trinity Commons

c/o MidTown FreshStop

2230 Euclid Ave

Cleveland OH 44115



**City Fresh**  
...GET FRESH!

(216)771-3630 ext 392

Search “MidTown FreshStop” on Facebook

[MidTownFreshStop@gmail.com](mailto:MidTownFreshStop@gmail.com)

[www.cityfresh.org](http://www.cityfresh.org)

## What is City Fresh?

City Fresh is a nonprofit program of the New Agrarian Center (NAC) that seeks to build a more just and sustainable local food system in Northeast Ohio. City Fresh meets the needs of both urban and rural communities by improving access to fresh, locally grown food for urban residents and increasing marketing opportunities in the city for local farmers. We are a movement of volunteers, farmers, youth and community members committed to local food and health in our community. The City Fresh program impacts the local food system through the development of neighborhood food centers called Fresh Stops, nutrition education, garden installations in urban areas, the cultivation of direct farm-to-business connections, and the City Fresh Youth program.

## Who is MidTown FreshStop?

MidTown FreshStop is run completely by volunteers from Trinity Cathedral and the MidTown neighborhood. Connecting our neighborhood with local, healthy food is part of our Sustainability and Social Justice ministries. Interested in learning more about Trinity's work in Sustainability, Social Justice, or other ministries? Ask one of our volunteers. Just interested in delicious local food? That's cool too!

You can sign-up for a share at your nearest Fresh Stop. Shares must be ordered one week in advance, and ordering is done on a first-come, first-served basis.

Family Share (for 3-4 people) -- \$24 \*

Single Share (for 1-2 people) -- \$12 \*

\* A 50% discount is available for income-qualifying customers. City Fresh proudly accepts Ohio Direction Card, WIC vouchers and Senior Farmers Market Nutrition Program Vouchers.

City Fresh buys only enough food to fill our orders, and doesn't have a place to store food. *If you do not pick up your share, the food will be donated and you will forfeit your share payment.* We unfortunately cannot offer refunds or transfer payment to another date because we have already paid the farmers for your share.

Sourcing only the freshest food that's local and in-season means we (and the farmer) typically won't know exactly what's going to be in the share until we get to the farm to pick it up. This ensures that our shareholders receive the best food available, and many shareholders think this element of surprise makes the stop that much more fun. City Fresh cares deeply about healthy food and environmental sustainability, so we focus on relationships instead of regulations. We don't insist that the food we source has been grown according to a particular standard, but we

work closely with all of our farmers to learn about their practices and motivations, and to ensure they understand ours. We are always evaluating our current providers and constantly developing relationships with other local farmers -- new potential providers.

City Fresh sources all of its food locally, buying from farms within 75 miles of the Fresh Stop. Typically, food is picked up directly from the farmer earlier the same day using our box truck that runs on waste grease and biodiesel. We cultivate relationships with each farmer to ensure they share the same respect and desire for healthy land and healthy food as we do.

## Other CityFresh Locations:

Beachwood, Buckeye, Cleveland Heights  
Coventry Library, East Cleveland Huron  
Hospital, Kamm's Corner, Lakewood, Urban  
Community School

See [www.cityfresh.org](http://www.cityfresh.org) for more info!

## Public Transportation

**\*Take the 8, 11, or 12 to E. 21 & Prospect and walk 1 block to Trinity Commons (E. 22 and Prospect)**

**\*Take the 7, 9, 32, or HealthLine to Euclid & E. 24<sup>th</sup> and walk 1 block to Trinity Commons (E. 22 and Prospect)**